

ABSTRACT OF THE DISCLOSURE

An instruction inputting device and instruction inputting method which improve usability without requiring mechanical control or relatively fine control. Three-dimensional positional information of an LED, which is mountable on a person inputting instructions, is measured by a 3D measurement device in accordance with reception conditions of light emitted from the LED, and then is input to the device. On the basis of the acquired 3D positional information, velocities and accelerations relating to movement of the LED are detected. On the basis of the detected velocities and accelerations, it is decided whether or not movement of the LED corresponds to pre-specified movement. When it is decided that the movement of the LED corresponds to any of the pre-specified movement, execution of processing associated with that pre-specified movement is instructed.